



Mission

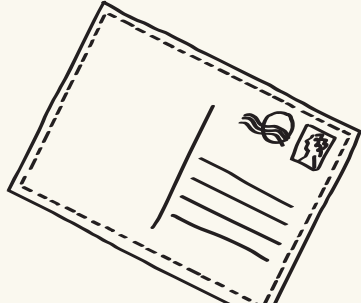

SIXTEEN

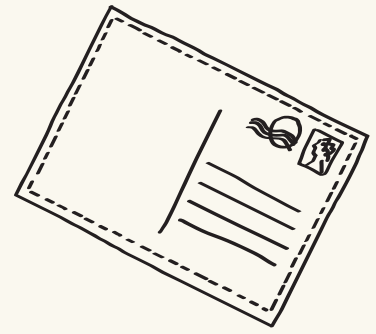
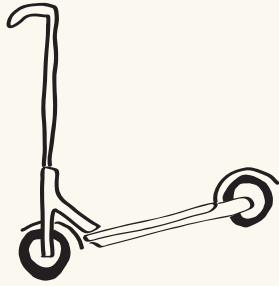
Make some posthearts

(AKA postcards that
spread some love)

Pick a front and back from the following pages.
Print them out, colour them in (the brighter
the better) and then cut and stick onto
hard card so they're not all floppy.

For a chance to win an exciting prize, share your
photos using **#BodenMiniMissions** or upload them
to the gallery at boden.com/mini-missions





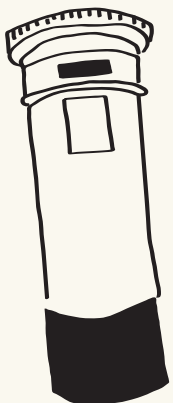
**Deliver (by foot, scooter or bike)
as your exercise or send these
postcards to anyone who needs
a smile. Here are some ideas:**

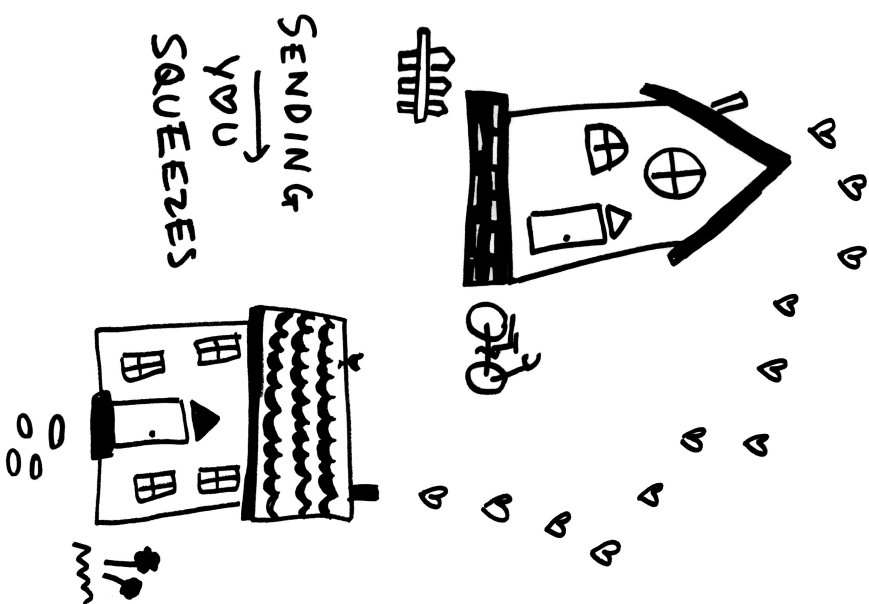
Grown-ups in your house who keep
shouting at their computers

A neighbour who's a great clapper
or really loud pan-banger

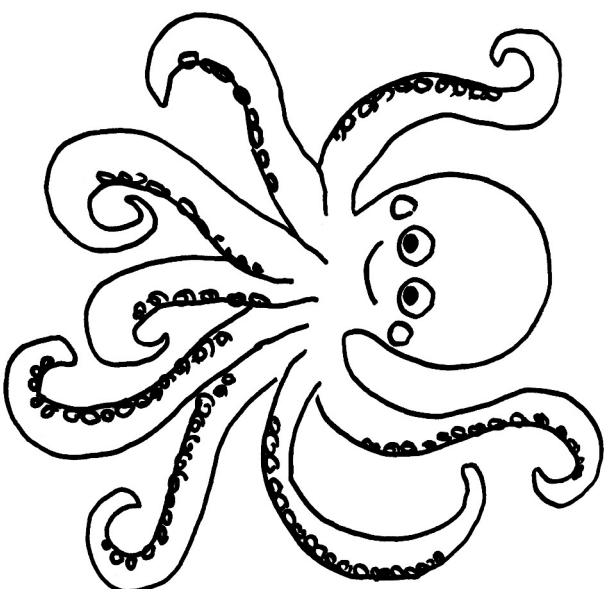
Friends from school

Grandparents you'd love
to give a cuddle to

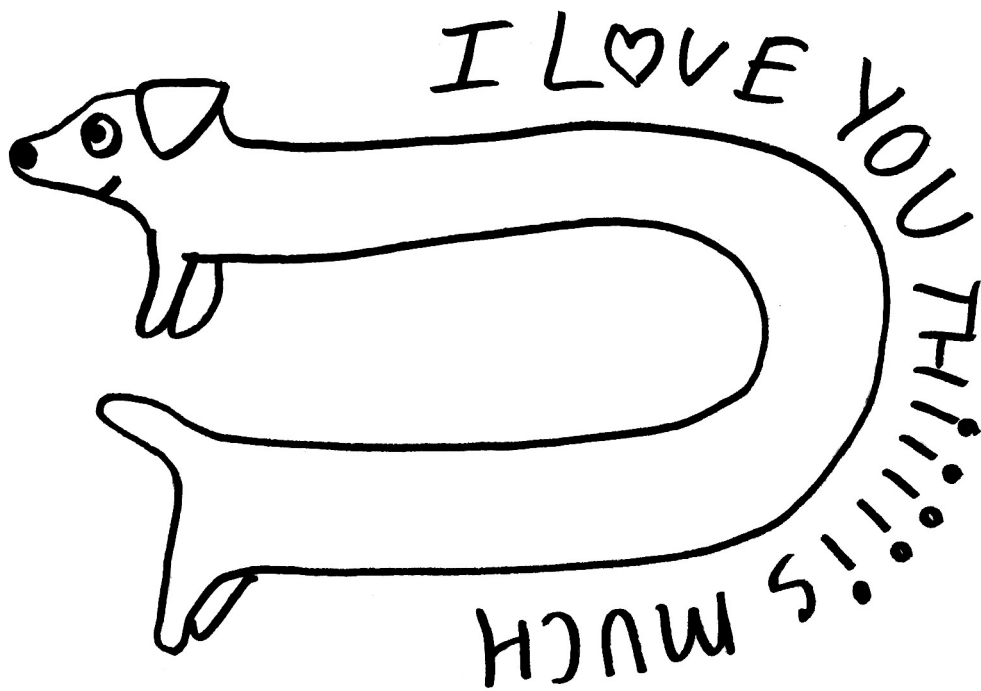




I WISH I HAD
EVEN MORE ARMS TO

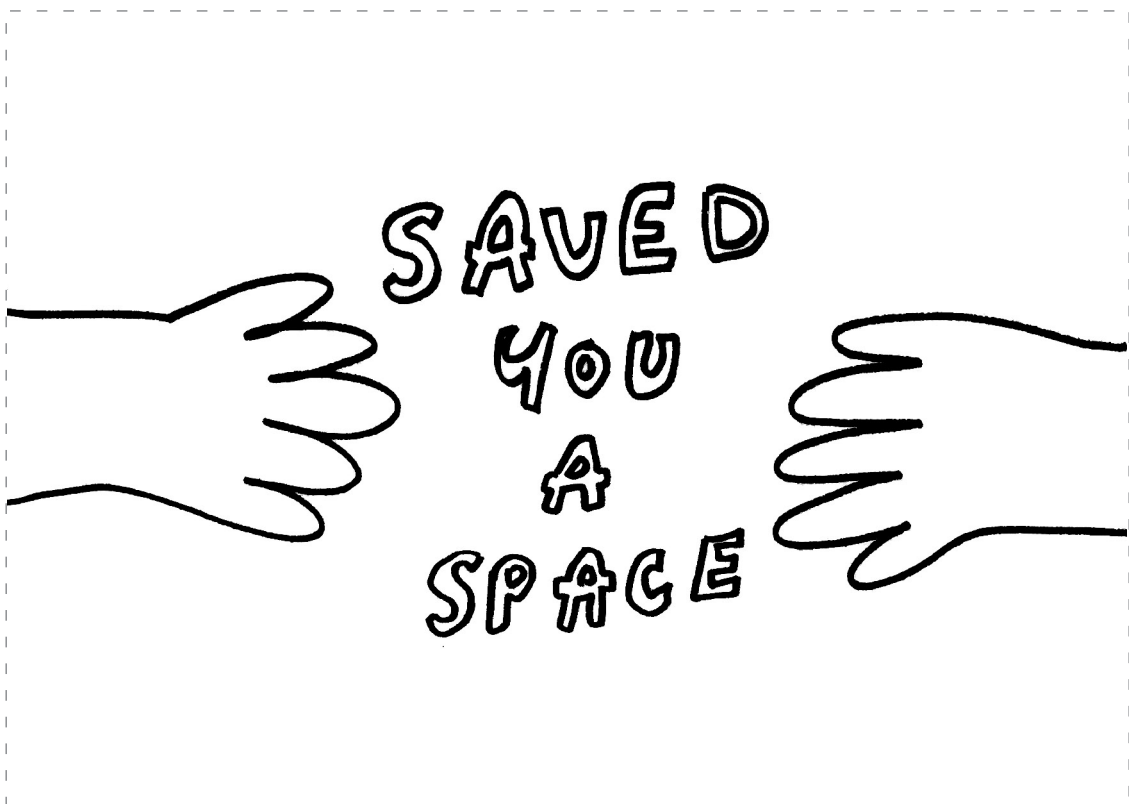
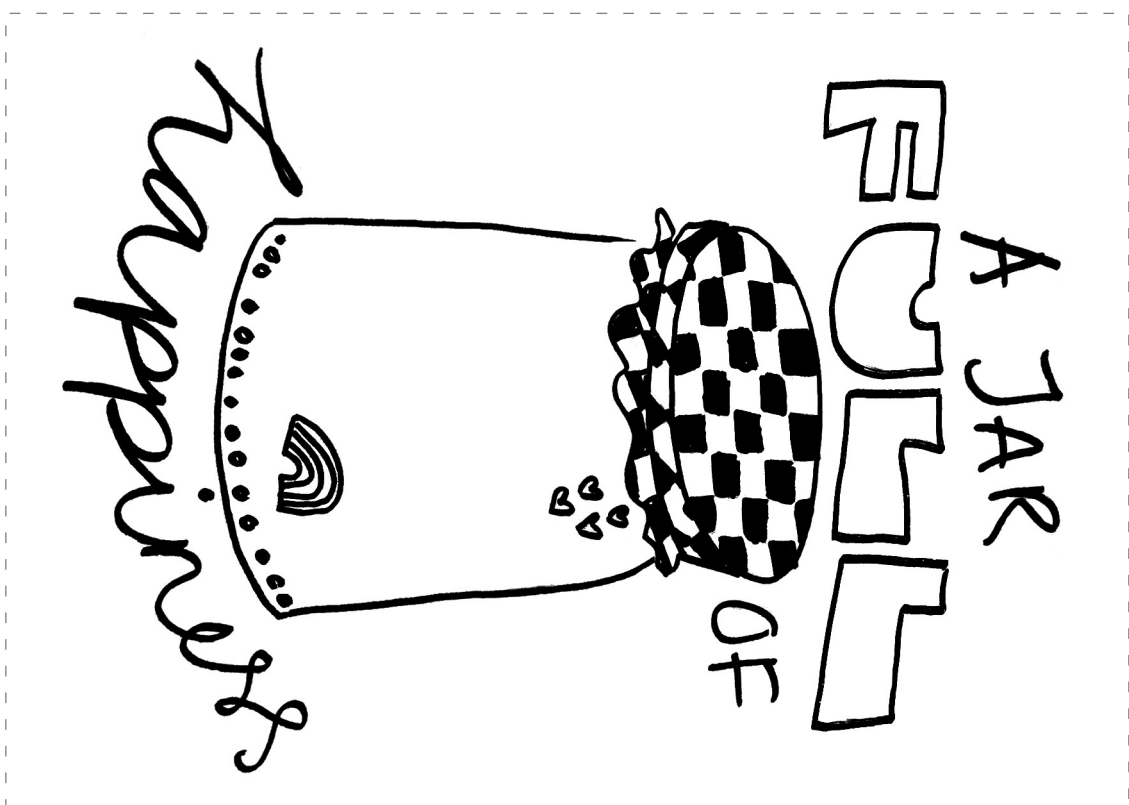


HUG you



YOU'RE MY
rainbow







POSTHEART



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We're proud to work with The Charlie Waller Memorial Trust, a charity that equips young people with the skills they need to look after their mental and emotional wellbeing. They have a great pack with lots of fun ideas like this and advice for grown-ups on how to talk to Minis about these confusing times. Check them out at cwmt.org.uk

